

PARISH OFFICE:

Next to the church
165 Serpentine Rd, Terrigal
PO Box 4, Terrigal NSW 2260

Phone: (02) 4367 4610
email: starsea@bigpond.net.au

Website:

www.bbcatholic.org.au/terrigan

www.facebook.com/OLSOSParish

Office Hours:

Monday - Friday
9.00am - 5.00pm

Parish Priest:

Fr Vince Casey
vince.casey@bbcatholic.org.au

Pastoral Associate /

Parish Secretary:
Mrs Janette Merrottsy
0421416555

Assistant Parish Secretary:

Mrs Nellie Sheridan

**Our Lady Star of the Sea
Primary School. Principal:**

John Barton
Ph: (02) 4365 6229
email: olss@dbb.catholic.edu.au

Early Learning Centre.**Co-ordinator:**

Bronwyn Maley
Ph: (02) 4365 3222

Prayer to St Michael

St Michael the Archangel, defend us in battle; be our safeguard against the wickedness and snares of the devil.



May God rebuke him we humbly pray; and you, O Prince of the Heavenly Hosts, by the power of God, cast into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls.

Amen



OUR LADY STAR OF THE SEA TERRIGAL

We love one another so that all may have a sense of belonging; desire a relationship with God; and want to share the Good News with others.

29 January 2023

**4th Sunday in
Ordinary Time**

Entrance Antiphon: Save us, O Lord our God! And gather us from the nations, to give thanks to your holy name, and make it our glory to praise you.

1st Reading: Zephaniah 2:3; 3:12-13

Psalm: Happy the poor in spirit; the kingdom of heaven is theirs!.

2nd Reading: St Paul to 1 Corinthians 1:26-31

Gospel Acclamation: Alleluia, alleluia!
Rejoice and be glad;
your reward will be great in heaven.
Alleluia!

Gospel: Matthew 5:1-12

Communion Antiphon: Let your face shine on your servant.
Save me in your merciful love.
O Lord, let me never be put to shame, for I call on you.

Next Week's Readings: Fifth Sunday in Ordinary Time - Year A

1st Reading: Isaiah 58:7-10
Psalm: A light rises in the darkness for the upright.
2nd Reading St Paul to Corinthians 2:1-5
Gospel: Matthew 5:13-16

WEEKDAY MASSES THIS WEEK

Tuesday	31	7.30 am
Wednesday	1	7.30 am
Thursday	2	7.30am
Friday	3	9.00 am
Saturday	4	9.00 am

Rosary is said before Mass
Tuesday to Thursday at
7am and Friday & Saturday
at 8.30am.

WEEKEND MASSES

Saturday Vigil	4	5.00 pm
Sunday	5	7.00 am / 8.30am / 10.00am

Our new website: www.bbcatholic.org.au/terrigan

*Welcome to all our visitors!
May you feel at home in our Parish.*

PARISH INFORMATION:

Baptisms:

Sunday Mornings at 11.30am by appointment.
Enquiries to our Parish Office to enrol.

Anointing of the Sick:

With 9am Mass on the last Friday of the month.
Please ring the Parish Office if you have a loved one who is ill or dying.

Reconciliation:

Before and after Saturday 9am
Mass (8.30–10am) or phone the
Parish Office for an appointment.

Weddings and Funerals:

Enquiries to the Parish Office.



COVID 19:

Keeping everyone safe we ask you to:

Sanitize your hands before entry to and exit from the church.

Where possible, **keep a social distance** of 1.5 metres between people from other family groups.

Masks are encouraged to be worn, especially if you cannot keep a social distance.

Communion on the hand is preferred. If you wish to receive communion on the tongue, please wait to be invited to come forward.

If you are **unwell**, please take care and **stay at home**.

*Thank-you to everyone for your care
to keep each other safe.*

Pastoral Discernment Central Coast Project

A copy of the Final Report and an Executive Summary will be available on the Diocesan webpage next week. As previously communicated, a Pastoral Discernment Implementation Task Group will be appointed to consider the Report, and to make recommendations to Bishop Anthony for his consideration with respect to the implementation of the findings. Members of the Task Group, and terms of Reference, will be communicated in the coming weeks. We invite the Holy Spirit to continue to guide the next phase of the [Pastoral Discernment Central Coast Project](#). For further information and regular updates, visit www.bbcatholic.org.au/pdcc.

Donations to the Parish

Donations can be made at each Mass by putting **cash** in the collection bag; or by using the **Tap'n'Go** machines at the door of the church; or by giving **directly** to our parish bank account:

Terrigal Parish BSB: 062 784 Acc: 100001660

Planned giving **envelopes** are at the back of the church; or to arrange for regular (monthly) **credit card** donations please contact the Parish Office.

Thank-you to everyone who has been

Receiving Holy Communion

Fr Vince will invite those who wish to receive Holy Communion on the hand to come forward first. If a communicant does not present his or her hands to receive the host they will be asked to go back to their seat and wait till they are invited to come forward.

When it seems that everyone who wants to receive on the hand has done so, Fr Vince will then invite those who wish to receive Holy Communion on the tongue to come forward. The invitation means these communicants will know when to come forward and do not need to be looking around for the end of the line. Sanitiser will not be used between these communicants.

Those who wish to kneel to receive Holy Communion on the tongue are invited to use the front pew on the right hand side (lecturn side) of the church. Our apologies to anyone who regularly sits in this pew.

Thanks everyone for your patience and co-operation. Fr Vince

Word of God Sunday

Next Sunday we celebrate Word of God Sunday. Pope Francis established the day, which is devoted to “the celebration, study and dissemination” of the Word of God. Visit www.catholic.org.au/wordofgodSunday to access resources for the day.

Parish office will be closed on Monday the 30th January.

This is also the first day our new sound system will be installed

A wonderful opportunity to more deeply appreciate the Mass and to deepen our faith.

Living the Mass: from life support to supporting life

Fr David Orr, a Benedictine from Arcadia, will be presenting four seminars in the Parish from **3pm to 4.30pm on Saturday 11 and 25 February; and 11 and 25 March.** He described his presentations in the following way:

“We come to Mass as the priestly people of God to do God's work. In these gatherings we shall look at the parts of the Mass so that we can actively participate as the Body of Christ in doing the work of Christ.”

To prepare for these sessions you may want to have a look at the [General Instruction](#) to the Roman Missal. As a result of these sessions, we would like to have a group of informed parishioners to help us prepare the liturgies to better celebrate the feast days of the church's calendar.

All are welcome.



Parish Name Tags

Names tags can be ordered at a subsidized price of **\$10** (normally \$17). It is good to see more and more wearing them. You can choose from safety pin style or magnetic back. Place order at the parish office or the piety stall

Memorial Plaques

As you can see the first of the memorial plaques have been placed in the shrine area. The second order is being placed once we have a batch of around thirty. We hope to have the next group ready to place in time for Easter. So please if you are considering for family or friends the forms are at the back of the church.

Enquiries to the parish office.



Synod

Sr Natalie Becquart was appointed by Pope Francis Consultor and Undersecretary of the Synod of Bishops. She is playing a significant role in the current Synod on '*For a Synodal Church: Communion, Participation, and Mission*'. Sr Nathalie will be in Sydney for:

Public Forum - Walking Together: What Lies Ahead on the Journey to a Synodal Church

Date: Friday 3 February 2023

Time: 4:00pm – 5:30pm

Venue: St Patrick's Cathedral Hall, Parramatta

Public Lecture – Towards a Spirituality of Synodality

Date: Friday 3 February 2023

Time: 7:00pm – 8:30pm

Venue: St Patrick's Cathedral, Parramatta

This Public Lecture will also be livestreamed.

Places are limited at these free events, so please register at:

https://parracatholic.org/srnathalie_syd/

Webinar - Lent: Opportunities for Evangelisation and Faith Formation

Lent is a time of grace in our Church year that offers opportunities for formation and evangelisation. This webinar will discuss strategies to maximise the impact of formation initiatives such as the Lenten Program and ways to bring the Good News of Jesus to a wider audience. Everyone welcome to join this conversation.

Date: Wednesday 1 February 2023

Time: 7:00pm – 8:15pm

Venue: Online on Zoom

Register at: <https://tinyurl.com/4hy6xyfa>

Presented by: Pina Bernard, Team Leader Parish Renewal and Discipleship

Enquiries: Pina Bernard at

pina.bernard@bbcatholic.org.au or 8379 1627 or 0432 682 239

Prayers for the Dying

<https://connectusfund.org/10-powerful-prayers-for-someone-dying>

Parish Key Register - if you have a parish key please read !



We are required to have an up-to-date key register and so all those who possess a parish key are asked to please contact the Parish Office over the next month to confirm that their key is properly registered in their name.

If you do have a key please contact us as a matter of urgency. **Those who do not contact us will also be asked to return their key.**

Thank you for your assistance in this important security issue.

Fr Vince

Boonah 2022

Boonah is an art studio in West Pymble run by CatholicCare to meet the needs of artists living with a disability. It also operates as a gallery, which is open to the public. At the heart of Boonah is the wellbeing of its artists. Art making is a therapeutic tool which promotes confidence, resilience and transcends the artist's disability giving them meaning and purpose.

We now have an online portal where you can purchase artworks by our talented Boonah artists. Supporting our artists by purchasing their work highlights and cements their identity. It also allows their gifts and talents to be appreciated in a mainstream space.

Please visit www.catholiccareddb.org.au/boonah-2022 to learn more and view the artworks for sale.

Catenian Fortnightly Walks

Open invitation to male parishioners to join us on Tuesdays for a 75 minute bush walk in various local areas, followed by lunch. This is a great opportunity to enjoy our beautiful area and get to know fellow Catholic men. Easy to medium grade level.

Forthcoming walks - Tuesday 31st January and the 14th February.

Contact Chris Hartcher on;
christopherhartcher@gmail.com

CatholicCare

is here to help and offers a range of services for people in need including emergency relief, financial supports, homelessness and housing assistance, domestic violence support, counselling supports including financial counselling, disability and seniors supports and more. Go to <https://tinyurl.com/bd54c5mb> or call today on 1800 324 924 or visit www.catholiccareddb.org.au for more information.

Foster Care: Can you help a child feel safe and secure?

There are children in our community who have been through experiences few of us could begin to fathom and who, without our help, will go through a childhood without the love and support of a family. CatholicCare believe all children deserve a safe home, and by providing one we can help them build their self-esteem and develop the skills they need to succeed in life.

We are looking for everyday families who might consider taking a child or young person into their home – to love and support them whether for one or two nights, a few weeks, months, or long term. Can you help? Please reach out on (02) 4320 7700 or visit www.fostering.org.au.

Bequests

In writing your will, where you can and after looking after your family, please also consider our Parish. Suggested wording is:

"I give to the Trustees of the Roman Catholic Church for the Diocese of Broken Bay, (ABN 79 031 652 544) as Trustee for the Catholic Parish of Terrigal in the State of New South Wales for its general purposes, the sum of \$ _____ or _____ percent of my estate, or the property at _____, or _____ (other specific items), free of all duties, taxes and other deductions of whatever kind.

I declare that the receipt for the same signed by the Bishop of the Diocese, or other designated officer, shall be sufficient discharge to my Executors and Trustees."

If you would like more information, please contact the Parish Office or go to the diocesan website.



MARY MAC'S WOY WOY Terrigal Parish proud to support

Thanks to all who have supported Mary Macs over the last year.

We will continue to collect non perishables for Mary Macs. Items can be left at the Parish Office. They collect fortnightly.

Pontifical Funeral Mass for His Eminence George Cardinal Pell AC



On **Thursday 2 February
2023 at 11am** St Mary's
Cathedral College St,
Sydney.

You are also welcome to
pay your respects at the following:

Wednesday 1 February 2023

9.30am Reception of the Body and
commencement of Lying in State

1.10pm Mass for the Dead

5.30pm Evening Prayer and Vigil

8.00pm Mass for the Dead

Thursday 2 February 2023

6.45am Mass for the Feast of the Presentation
of the Lord

Feast of the Presentation of the of the Lord (also known as Candlemas).



At the 7.30am Mass on
Thursday 2 February we will
have the blessing of
candles. Please bring a candle you would like
blest. There will be a few small candles avail-
able for those who were not aware of the
feast and the blessing.

Do you need some quiet time ?

Come and join us on Thursday 2nd Feb at
10.30am in the Parish Rooms. In a relaxed setting
we will look at the Sunday Gospel. This coincides
with "The Word of God Sunday" initiated recently
by Pope Francis.
Contact Bernie 044653146 or parish office for any
enquiries.

Catholic Schools Broken Bay

2022 was a huge year which involved so many
of our teachers and leaders across Catholic
Schools Broken Bay where incredible results
were achieved.

🕒 7,200 hours of collaborative coaching has
been undertaken across 18 Primary schools.

👶👶 1,814 kindergarten students have
engaged in the new RE Curriculum

🎓 50+ teachers, leaders, and CCC Staff were in-
volved in developing the Curriculum Planning
and Assessment Guide and App.

👩🏫👩🏫👩🏫 137 Teachers and Leaders across
primary and secondary schools formed Exper-
tise in Teaching Groups

👷🏻👷🏻👷🏻 \$18.4m was spent on Legacy repairs
and Maintenance across 44 schools.

👩🏫👩🏫👩🏫 A specialised wellbeing website
'wellbeing Wendy' was launched.

🏠 153 leaders attended formation retreats for
our Catholic Charter

🔗 130 Workshops in 17 industries were undertak-
en with major industries including aerospace,
agriculture, arts, technology, construction,
defence, energy and more.

🌟 Our compliance and assurance received a
"Gold Standard" from NESAs.

So much to be celebrated. Well done to all our
staff and we look forward to the next phase of
the strategy work.

To read more about the work of the strategy
please visit <https://bit.ly/3QZGMtk>

For more about our schools visit [https://
bit.ly/3ISZJvT](https://bit.ly/3ISZJvT)

Social Justice

Our first Social Justice meeting of the year
will be on 9th February at 1pm in the Parish
Rooms. Parishioners are invited to come and
share their thoughts on caring for the vulner-
able. How can we help?

Contact Bernie 044653146

Joseph House – 2023 Application Now Open

Are you looking for an opportunity to discern
your vocation in a supportive, faith-filled com-
munity? Joseph House in Willoughby is the
perfect place for you!

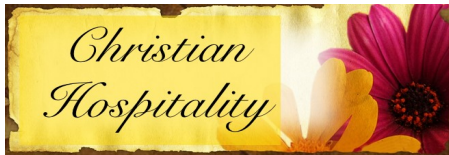
Joseph House is a house of discernment for
young men. It offers an exciting living space
for Catholic men to explore their call to
holiness.

Residents will have the chance to reflect and
pray, while also taking part in the world
through work and study. With convenient
access to church and public transport, Joseph
House is the perfect place for young men in
the Diocese of Broken Bay to discern their
vocation.

This special space has the capacity to accom-
modate up to six men and features a chapel
and various common areas to create commu-
nity. If you're looking for an opportunity to dis-
cover the man that Christ is calling you to be,
apply to Joseph House today!

For more information email:

josephhouse@bbcatholic.org.au



MORNING TEA ROSTER

Please join us

After 8.30 am Mass

- Group 1 Kaye Parker, Wanita Lynch & Robyn Lentini - 29.1.23
- Group 2 Geraldine Czerkesow & Anne Cogglan - 5.2.23
- Group 3 Margaret Brown & Robyn Ayers - 12.2.23
- Group 4 Lee & Kerry Oliver - 19.2.23
- Group 5 Chris Whalan, Viv Ball & Alison Bone - 26.2.23
- Group 6 Nancy Carey-Berryman & Susan Connor - 5.3.23

After 10.00 am Mass

- Group 1 Joan Kearney, Claudia Hainey & JM - 29.1.23
- Group 2 Ina Kite, Lyla Cross & Mary Portelli - 5.2.23
- Group 3 Anne Strong, Eileen Dodds & Mary Jones - 12.2.23
- Group 4 Ian & Pat Rimes & Eleonora - 19.2.23
- Group 5 Helen Mooney & Denise - 26.2.23
- Group 6 June Carpenter & Carmel Peek - 5.3.23

It would be ideal to have three people on each of the six teams.

If you would like to help, please contact the Parish Office or speak to Robyn Lentini at 8.30am Mass.



Volunteers are needed

If you are able to assist and work with other parishioners please consider:

- ◆ Helping in Children's Liturgy on a roster for 5pm Saturday evenings.
- ◆ Joining a morning tea roster
- ◆ Being a catechist
- ◆ Church cleaning - on a roster NOT the whole church put a small area in your own time in your rostered week.

Some of our generous volunteers are in 2 or 3 ministries. Please help share the load if you can. Helping is rewarding by making new friends and a good feeling knowing you are a making a difference in some small or big way.

Book Club

Spend your whole life reading good catholic books. It's like keeping a fire burning. When you read a good book you've just thrown another log on the fire".
Fr Mark Goring.

For bookclub met last Friday and the log we threw on the fire was Bishop Barron's book of lectures he gave at Google and Facebook titled "Arguing Religion". In February we will be discussing Elizabeth Lev's book on how sacramental art saved the faith during the Counter-Reformation. If these might interest you please join us for the last Friday of each month in the parish offices at 1600. gazbo2@ozemail.com.au

Update of the audio-visual in the Church

From Monday 30 January to Wednesday 1 February work will begin to upgrade the sound in the church, to give us the capacity to record and live stream services, and to have secure access to the internet. We will be able to have Mass on these days, but the sound system will not be functioning. When the new systems are installed we will be running workshops on how to use the system. We ask as many parishioners as possible to attend these and to learn how to use the system. The first workshop will be on
Wednesday 1 February at 4pm.

Men's Weekend

The **menALIVE Men's Weekend** is an opportunity for men to explore what makes them feel fully alive. The experience of the weekend is powerful and dynamic and many men are inspired and encouraged with a new sense of purpose and mission. The weekend is organised by men in our local community and conducted by an experienced team of menALIVE leaders. It is suitable for all men from 18 years of age. The cost is \$50 per person, with lunch and dinner on Saturday provided. You can find more information at <https://tinyurl.com/mvfz79hn> or by emailing us at menalivetoron-t@gmail.com.

Supporting Parents

The eSafety Commissioner has released resources to support parents with safe and secure tech gifts for children. For further information and resources visit <https://www.esafety.gov.au/parents/resources/>

ROSTERS FOR SERVERS and EM



Saturday - 5.00pm

28/1/2023 Server L George (EM) R Zadro & L O'Donnell
 4/2/2023 Server J Sheridan (EM) L O'Donnell & R Zadro
 11/2/2023 Server L George (EM) M Perry & L O'Donnell
 18/2/2023 Server D Southwell (EM) R Zadro & M Perry

Sunday - 7.00am

29/1/2023 Server M Slattery (EM) J Sheehan & G Justin
 5/2/2023 Server P Clayton (EM) B Brown & M Slattery
 12/2/2023 Server G Justin (EM) M Slattery
 19/2/2023 Server M Slattery (EM) J Sheehan & B Brown

Sunday - 8.30am

29/1/2023 Server E Bastoli (EM) R Ayers & R Lentini
 5/2/2023 Server P Maniskas (EM) A Bone & R Ayers
 12/2/2023 Server P Quinn (EM) R Lentini & R Ayers
 19/2/2023 Server E Bastoli (EM) R Ayers & A Bone

Sunday - 10.00am

29/1/2023 Server P Maniskas (EM) C Addison & I Kite
 5/2/2023 Server B Lobo (EM) I Kite & C Addison
 15/1/2023 Server P Maniskas (EM) J Merrotsy & C Addison
 19/2/2023 Server B Lobo (EM) C Addison & I Kite

EM = Eucharistic Minister or correctly Extraordinary Minister of Holy Communion

If you wish to be involved in this ministry please contact the Parish Office.

Prayer Requests

For those who request prayers, we will leave the name in the bulletin for a few weeks, and then will pass the names to our prayer groups.

Recently Deceased

Barry Lemme Sandra Bastoli Lindsay Beasley
 John Young John Alfred Wilson Graham Willis
 Joseph & Filomena Zammitt Pope Benedict
 Emmanuel & Victoria Sciberras Cardinal George Pell

Anniversaries & Remembrance

George Boersma Sam Attard Bashir Merhi
 Leon Maher Pat Freman Celia & Alan Strong
 Marie Therese Devits David Crowther Anne Patricia Condon
 Heather Maddem Helen Sharpe Selina Orton

Sick

Joseph Tesoriero Doreen Cullen Blake O'Brien
 Anna Smith Joshua Mc Carroll Janice
 Maura Freil Betty Fardy John Goodwin
 Jeff Thomson Baby Theo Mary Smith
 Little Mateo Kim Byrne Mark Debenham
 Tracey Burn Jack Dummett

ROSTERS FOR READERS OF THE WORD



Saturday - 5.00pm

28/1/2023 (1) George's (2) Dudley Smith
 4/2/2023 (1) Goodworth's (2) Dawn Smith
 11/2/2023 (1) McCudden's (2) Lynch's
 18/2/2023 (1) Connie Attard (2) Dawn Smith

Sunday - 7.00am

29/1/2023 (1) J Hayes (2) R Wild
 5/2/2023 (1) (2)

Sunday - 8.30am

29/1/2023 (1) Meg Southwell (2) Chris Hartcher
 5/2/2023 (1) Jane Watt (2) Graham Sproats
 12/2/2023 (1) Graham Sprouts (2)

Sunday - 10.00am

29/1/2023 (1) Marie Ellicott (2) Maddie Conroy
 5/2/2023 (1) Joan Kearney (2) Janette Merrosty
 12/2/2023 (1) Marie Ellicott (2) June Carlson
 19/2/2023 (1) Janette Merrosty (2) Maddie Conroy

BUS TO MASS

The Parish bus collects parishioners for 10am Mass. If you would like to be picked up, please contact Peter Clayton via the Parish Office.



Masks are encouraged to be worn on the bus.

More bus drivers are required to go on a roster to help in this important ministry.

Weekly Cleaning Angels Roster



30 January 2023

Barbara Clarke, Nigel Carter,
Pina Maisano & Robyn Lentini

6 February 2023

Helena Farmer, Carol Clayton,
Vicki McGuinness & Gerry Jettes



Children's Liturgy of the Word

VOLUNTEERS NEEDED TO HELP LEAD AND ASSIST

Please consider helping to share the Gospel

Children's Liturgy on Saturday Evenings during 5pm Mass

Commencing the 5th February 2023.

If you would like to join our team please contact:

**Robyn Lentini - 0414 766 180
or the Parish Office - 43674610**



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chris@georgebrand.com.au

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Open Lunch and Dinner 7 days
Breakfast Saturday and Sunday 8.00 a.m to 9.45



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